



**The goal of parenting is to raise children with good hearts, strong morals, and empathy for others.**

**You have a responsibility to parent**

**First**, commit to the job of parenting as the most important job you will ever have. It is a job that will last a lifetime.

**Second**, decide what values you want your children to have and then model and teach them every day.

Values are ideas we hold to be important and that govern how we behave, communicate and interact with others. Can be personal, group, or societal. They often help determine right from wrong.

Values can be handed down from generation to generation, but it does not mean that YOUR FAMILY has to keep the same values. You need to decide what values you want to keep, honor, and create for yourselves.

If you do not have a clear idea of what you want, it is hard to decide what action will get you to your goal or be able to tell someone else why you are doing things the way you are.

**The three jobs of a parent are to Teach, Love and Discipline.**

**Teaching** entails practical and leisure skills, specific knowledge and how to get along with others in the world.

**Love** provides a stable and nurturing environment so that children learn to trust, share and grow into happy healthy individuals that are a part of society.

**Discipline** keeps them safe and others safe as they grow.

**Discipline teaches responsibility and accountability so that they are able to honor the values of your family, and the learn how to fit successfully into society and are able to love and be loved.**

Discipline is always a situation of loving teaching.

Discipline is a heart-felt process that requires communication, management of our emotions, practice and patience. It requires us to daily forgive ourselves and our children because neither of us is perfect.

**To paraphrase Jesus, Love your children as you love yourself.**