



## Who Am I?

“For it was you who formed my inward parts; you knit me together in my mother’s womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works.” Psalm 139:13-14

- ❖ Have you ever asked yourself that question?
- ❖ Maybe when you were in school you asked yourself why someone could understand math and you struggled – or someone was good at sports, or music, or science, or computers, or building things, or creating, or dancing...the list could be endless.
- ❖ Maybe you made friends easily and ran for a class office.
- ❖ Maybe you asked yourself why you had trouble making friends – that it was a struggle to “fit in” or find a new friend.
- ❖ Maybe you felt you were misunderstood and different, and had trouble accepting yourself. But, What If... you knew you were **“fearfully and wonderful made”** Would that have made a difference?

The class, WHO AM I? will explore what has been learned about the characteristics you were born with to try to understand ourselves and others -

Participants will:

- Discover their “True Colors” which will give us some words that answer our question, “WHO AM I”?
- Explore what makes us different or what we share -
- Discover how we can use “how we are made” in searching for a job/career
- Exploring how we can be more successful in our relationships with family, friends and our work